

Reducing Average Length of Stay (ALOS) for

General Orthopedics Patients in Khoo Teck Puat Hospital



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1. BACKGROUND

Khoo Teck Puat Hospital (KTPH), being the latest public hospital in Singapore, began its operations with the opening of Specialists and Outpatient Clinics on 28th March 2010. The A&E and inpatient wards opened progressively. KTPH began admitting patients since 28th July.
KTPH aims to reduce its Average Length of Stay (ALOS) of patients. ALOS is calculated as:
Sum of Patient Days/Discharge or Death Patient Counts in a given period.

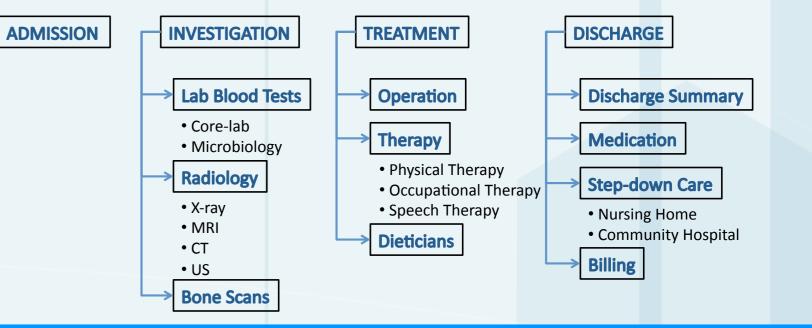
2. OBJECTIVE

The current weekly ALOS of General Orthopedic patients varies from **4.4 to 5.6** days. The objective of this project is:

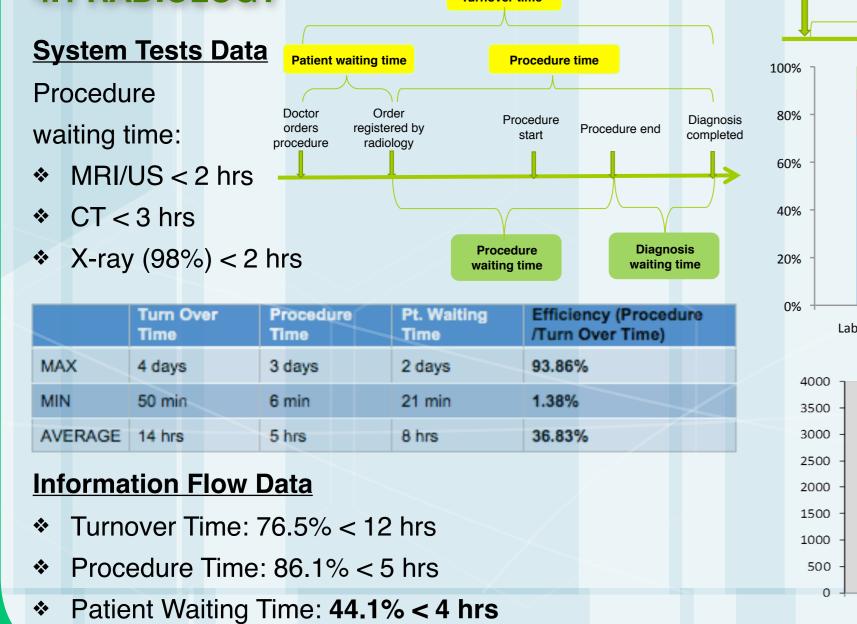
To reduce the ALOS of General Orthopedics group in KPTH by a reasonable extent.

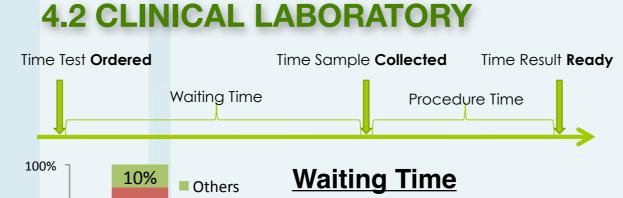
3. PROCESS MAPPING

Different stages of treatment process and the roles&responsibilities of various parties involved have been studied through ward orientation and interviews with key staff. Generic treatment path for GO patient in KTPH:

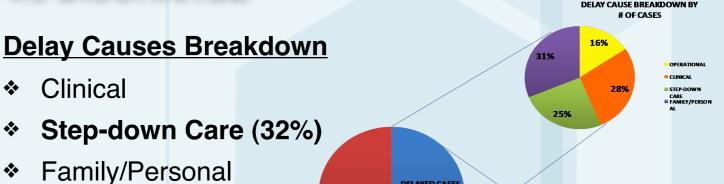


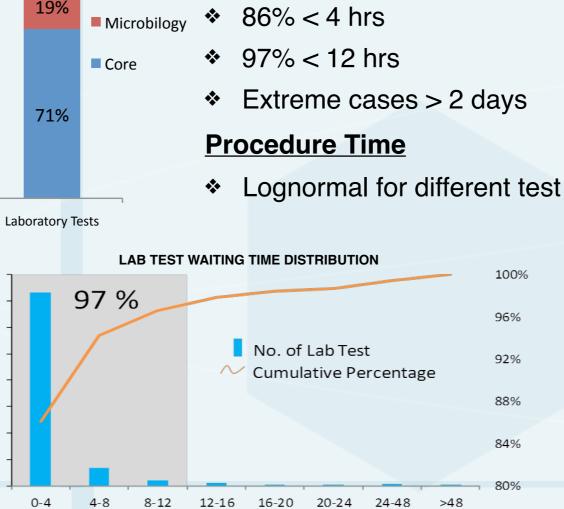
4.1 RADIOLOGY



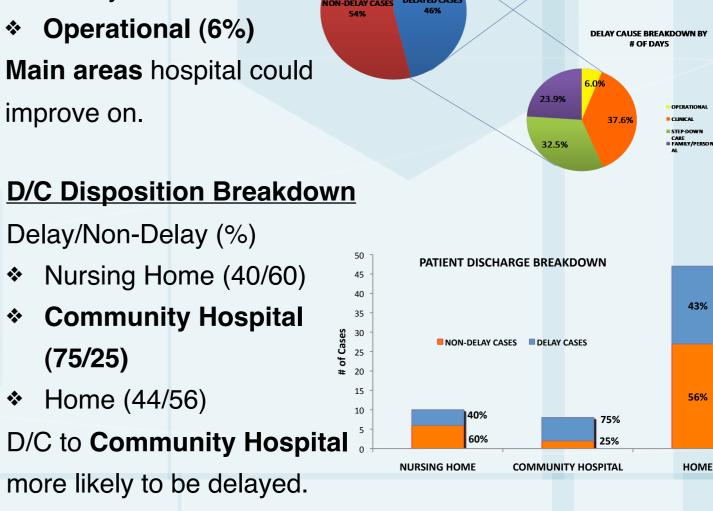


4.3 DISCHARGE





Waiting Time (in hrs)



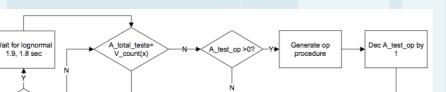
5. SIMULATION MODEL

5.1 DESIGN&FORMULATION

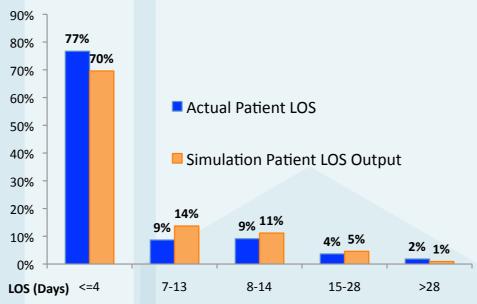
Key Features of Model

- * 64 beds for General Orthopedics patients
- 3 departments: clinical laboratory, radiology & operating theater
- * 4 teams of doctors on duty
- Simulation run-time of 3 years
- * Warm-up period of 3 months

Doctor Arrival Simulation Flowchart



5.2 MODEL VALIDATION Patient LOS Profiles Actual vs Output

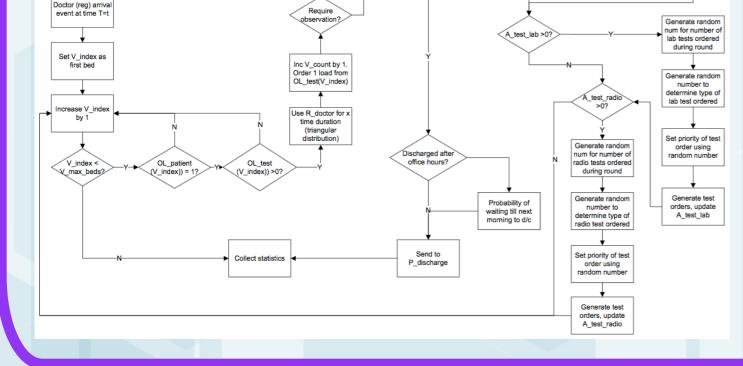


Weekly ALOS Actual vs Output Upper/lower limits are calculated based on actual weekly ALOS of KTPH

5.3 OUTPUT ANALYSIS

Sensitivity Analysis of Main Factors

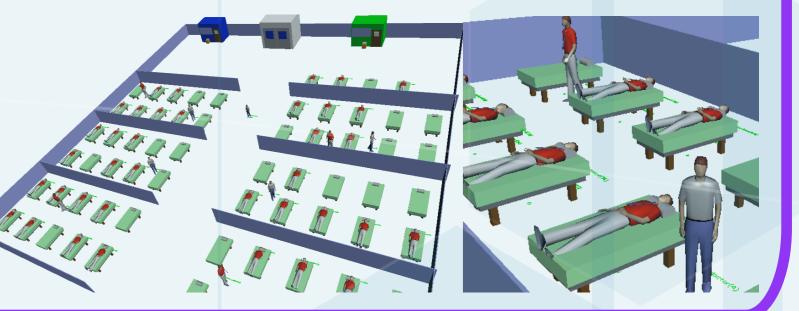
Footor	Range of Effect on ALOS				
Factor	LO	LOW H	HI	ligh	
Urgent Laboratory Ratio	-0.8%	1.3%	-0.4%	0.8%	
Urgent Radiology Ratio	-2.9%	-0.4%	-0.8%	1.9%	
Observation Delay (Contusion)	-10.4%	-4.9%	5.2%	6.6%	
Observation Delay (Infection)	-4.4%	0.2%	-0.8%	2.1%	
Observation Delay (Wound)	0.0%	0.0%	0.6%	1.0%	
Observation Delay (Inflammation)	-2.3%	-0.6%	-6.2%	0.0%	
Observation Delay (Others)	-4.4%	-2.3%	-2.3%	1.9%	
Discharge Delay Probability	-9.1%	-4.0%	1.9%	3.8%	
Set up a Community Hospital	-7.6%		-8.9%		
Extend MRI&CT to 24hrs Service	-1.5%		-3.6%		
Shift Evening Dr. Round 0.5h Early	1.3%		0.2%		
Shift Evening Dr. Round 1h Early	-0.6%		-5.4%		
Shift Evening Dr. Round 1.5h Early	-0.2%		-3.3%		
Hire More Phlebotomists	-2.5%		-6.2%		





- Patient LOS profiles reasonably match
- for LOS subgroups (%)
- Weekly ALOS outputs: MAX(7.30)&MIN(3.55)
- Weekly ALOS outputs fluctuating within reasonable range defined

Snapshot of Simulation Model



6. RECOMMENDATIONS

1. Setting up community hospital

for current situation, 30% of the delayed discharges are due to liaison with step-down care; the delays can be up to 10 days

2. Hire more phlebotomists

To reduce blood sample collection time for lab tests

3.	Shift evening doctor's round time 1-1.5 hours earlier	
0	R extend MRI & CT to 24 hours services.	Hi Phle
	To reduce the delay in diagnosis waiting time due to non-24	Shift E Round
	hour services.	Shift E
4.	Standardize procedures for making interdepartmental	Roun Extend I
	referrals	24hrs

- 5. Implement common IT platform
- 6. Emphasize on tests preparation procedures

